

Shanti for Upanishads of Rig Ved.

ॐ वाङ् मे मनसि प्रतिष्ठिता मनो मे वाचि प्रतिष्ठितमाविरावीर्म एधि ।
वेदस्य म आशीस्थः श्रुतं मे मा प्रहासीरनेनाधीतेनाहोरात्रान् संधाम्भृतं
वदिष्यामि सत्यं वदिष्यामि । तन्मामवतु तद्वक्तारमवतु अवतु मामवतु
वक्तारम् ।

ॐ शान्तिः शान्तिः शान्तिः ॥

Aum, speech is based on the mind; the mind is based on speech. O Self-effulgent One, reveal Thyself to me. May you both be carriers of the Ved to me. May not all that I have heard depart from me. I shall join together day and night through this study. I shall utter what is verbally true; I shall utter what is mentally true. May That protect me; may That protect the speaker. May That protect me; may That protect the speaker.
Aum Peace! Peace! Peace!

Shanti for Upanishads of Sama Ved.

ॐ आप्यायन्तु ममाङ्गानि वाक्प्रणाश्वत्तुः श्रोत्रमथो बलमिन्द्रियाणि च
सर्वाणि सर्वं ब्रह्मोपनिषदं माहं ब्रह्म निराकुर्यां मा मा ब्रह्म
निराकारोदनिराकरणमस्त्वनिराकरणां मेऽस्तु तदात्मनि निरते य उपनिषत्सु
धर्मास्ते मयि सन्तु ते मयि सन्तु ।

ॐ शान्तिः शान्तिः शान्तिः ॥

Aum, may my limbs, speech, vital force, eyes, ears, as also strength and all the organs, become well developed. Everything is the Brahman revealed in the Upanishads. May I not deny Brahman; may Brahman not deny me. Let there be no spurning of me by Brahman, let there be no rejection of Brahman by me. May all the virtues that are in the Upanishads repose in me who am engaged in the pursuit of the Self; may they repose in me.
Aum Peace! Peace! Peace!

Shanti for Upanishads of Shukla Yajur Ved.

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥

Aum. That unmanifested Brahman is perfect, and This manifested Brahman is also perfect. Fullness proceeds from fullness. Taking fullness from fullness, all that remains is fullness.

Aum Peace! Peace! Peace!

Shanti for Upanishads of Krishna Yajur Ved.

ॐ सह नाववतु ।
सह नौ भुनक्तु ।
सह वीर्यं करवावहै ।
तेजस्वि नावधीतमस्तु ।
मा विद्विषावहै ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Aum. Let us be together, let us eat together, let us be vital together; let us be radiating truth, radiating the light of life; never shall we denounce anyone, never entertain negativity.

Aum Peace! Peace! Peace!

Shanti for Upanishads of Atharva Ved.

ॐ भद्रं कर्णेभिः शृणुयाम देवा भद्रं पश्येमाक्षभिर्यजत्राः ।
स्थिरैरङ्गैस्तुष्टुवाꣳसस्तनूभिर्व्यशेम देवहितं यदायुः ॥
स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः ।
स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Aum! O gods, with our ears may we hear that which is auspicious; Adorable Ones, with our eyes may we see that which is auspicious ; while praising the gods with steady limbs, may we enjoy the life that is allotted by the gods.

May Indra of ancient fame be auspicious to us; may Pusan and the Visva-Devas be propitious to us; may Tarksyas, of unhampered movement, be well disposed towards us; may Brihaspati ensure our welfare.

Aum! Peace! Peace! Peace!